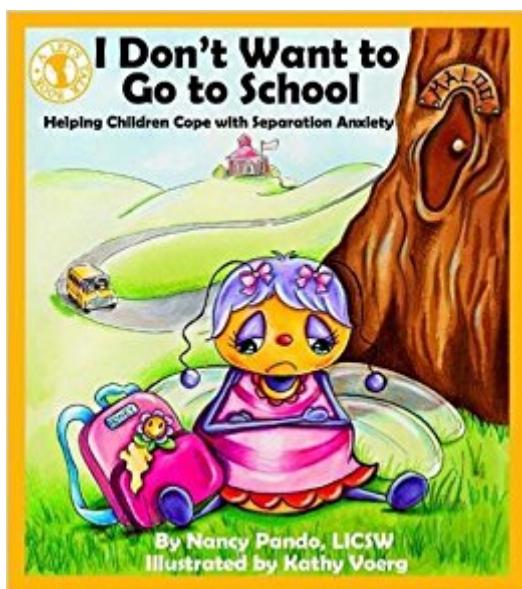


The book was found

# I Don't Want To Go To School: Helping Children Cope With Separation Anxiety (Let's Talk)



## **Synopsis**

It's time for Honey Maloo to go to school, but she does not want to leave her mom. She tries everything to stay home, from sneaking off the school bus to pretending to be sick, but finds there is no way to avoid school. Honey's mom, her teacher, the music teacher and friends help her to get involved with school lessons and activities so that Honey learns that school can be fun! Separation anxiety is common in young children and can make going to school a trial. This charmingly illustrated tale teaches children coping skills and reminds them that they can love, even miss, their parents and still enjoy school. In addition to providing specific tips for both children and parents, I Don't Want to Go to School offers a great tool to open a dialogue with an anxious child.

## **Book Information**

Paperback: 48 pages

Publisher: New Horizon Press (August 1, 2005)

Language: English

ISBN-10: 0882822543

ISBN-13: 978-0882822549

Product Dimensions: 6 x 0.2 x 8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 39 customer reviews

Best Sellers Rank: #64,201 in Books (See Top 100 in Books) #77 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > First Day of School #148 in Books > Children's Books > Animals > Bugs & Spiders #614 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## **Customer Reviews**

Even though this is a book about a girl bee, I really didn't care. Based on previous reviews, I thought that it was worth a try. I have a son for whom the whole school drop-off thing is always a struggle. Well, this book arrived, I read it and thought, "Oh, my. That was really long. I wonder what he got out of that." He is only 3 and a half, so I feared that this was geared too much to children maybe one or two years older. The very next day, we were getting ready for school, and I hear from him, "I don't want to go to school!" Then what does he do? He runs to his room, grabs this book, and asks me to read it to him on the couch. That was four days ago. I have read it every morning and every

afternoon since. It has helped initiate conversations about school, ways to help him get through the day, and it has given me things to say when I hear the dreaded, "I don't want to go to school!" I really have to recommend this book highly. This resonated with him so strongly. It really has helped both him and me. What more could you ask for?

Honestly, this book didn't have any profound ideas in it that helped me help my son cope with his separation anxiety. He didn't love the story, I think it made him feel worried and sad for the little bee. Contrary to what I expected, this book didn't have any new thoughts or approaches that I hadn't already thought of. More than anything, facilitating opportunities for my son to connect with other kids outside of school (play dates at our house or theirs) has made it progressively easier for him to go to school. Building friendships and helping him feel comfortable and connected was the key. Now he has friends that he is excited to see each morning and he races onto the play ground.

It's ok but it's a bit long for age 4

This story is well written for a child to internalize. My son is anxious and worries a lot and school has always been hard on him especially at drop off and this book helped him tremendously. He now goes to school and my mornings are a breeze.

My 3 year old has never really liked to go to daycare. I started reading this to her and also sent it to be read there and after a few weeks I can finally drop her off with minimal tears and screaming.

My little pre-schooler was having a really hard time going to school. I would read this book to her at bedtime and again in the morning and it seemed to help.

Helped Grandson to see he was not alone in his feelings of being afraid or anxious about pre-school. Along with other motivation techniques used by the parents (rewards charts, etc.), he has gotten over his anxiety and "Loves" school!

My stepdaughter loves this book! It was easy for her to relate to Honey Bee Maloo. The 10 Tips for Kids in the back of the book is great! We made a copy of the Tips for Kids and now she uses them on a daily basis! The Tips for Parents are great too!

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